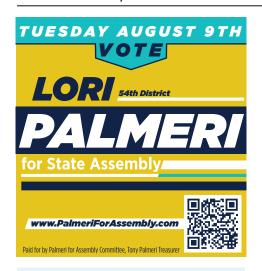
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Sweet sixty

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Future of short air trips going up Page 17

DORA drinking area excludes market

Outdoor refreshment zone limits approved

By Kaitlyn Scoville OSHKOSH HERALD

The city's Common Council voted down the push to extend the hours of the recently approved Downtown Outdoor Refreshment Area (DORA) pilot program in an effort to include the Oshkosh Saturday Farmers Market.

Brought onto the agenda by council members Bill Miller and Courtney Hansen, they were the only two of the group to vote for including the weekend event.

Adopted as a pilot program at its June 28 meeting, the council updated municipal code to allow open containers in a boundary of North Main Street and some surrounding areas to boost local business. As it stands, the hours of the DORA are from 5 to 9 p.m. Thursdays, Fridays and Saturdays.

The proposed extension of the DORA hours would have put the timeframe from 10 a.m. to 9 p.m. Saturdays through Oct. 29 when the summer market ends, according to documentation.

"Since the adoption of the resolution, the Common Council received a letter from the Downtown Farmers Market asking that council reconsider the Saturday start time," a memo from city staff reads. "As a result of that request, council members Hansen and Miller requested the council consider a resolution to honor the Farmers Market request and change the start time to 10 a.m. on Saturdays."

Miller said he was at fault for not know-

SEE **DORA program** ON PAGE 19



Honored veterans

The Old Glory Honor Flight made another return to Oshkosh last week during EAA AirVenture 2022 and a large crowd turned out to welcome the veterans home from their trip to Washington D.C. Friday. See more AirVenture coverage on pages 16 and 17.

Family conversations can spark honest feelings

By Kaitlyn Scoville Oshkosh Herald

Allison utilized Al Anon from 2008 to when the pandemic hit after her husband's drinking became problematic. Her husband, Bryan, has been sober since 2009.

"I was pretty Allidesperate," son said. "The first COURAGE US meeting I went to I thought, 'No way. These people Fourth in a series are old; they won't



understand.' But before joining, Al Anon requests attending a handful of meetings before deciding if it's the right fit. By the fourth and fifth meeting, it clicked."

Now they have two kids - 18 and 19 - with whom they are completely open about the risks of addiction and dangerous substances.

Early in Allison's children's childhoods, she would talk with them about why she and Bryan didn't drink and why they should consider what they're experimenting with when they get to that age.

"There's no question they knew (about substance use) in grade school. By high school we talked about it all the time," Al-

When her son was 17, he turned to heavy drinking; Allison and Bryan knew immediately something was off. In the same year, however, he began his recovery journey.

"There was no question in his mind that he was in trouble, even though he wouldn't admit it to us. He felt so good that he just wanted to keep recreating that," Allison said. "You watch it – it's not that you just ignore it - and hope that it doesn't hit you. When it does, it's not a surprise. And I think that's how it happened for our son."

Her son would tell Allison he was scared. He wanted help but didn't want to commit to it, though she knew that was



Pexels photo

Honest conversations between parents and children are a way to deal with issues before they become problems.

SEE **Be Courageous** ON PAGE 18

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No Mow May review keys on education

Oshkosh Herald

Community Development director Kelly Nieforth told the Common Council last week that this year's No Mow May event was quite successful, with 655 registered participants in the city and an additional 50 from residences outside city limits.

Last year's program, designed to help wildflowers and pollinating insects when both are in sharp decline, did not require registration and was still welcomed by residents. Nieforth said, however, that despite increased education efforts by city staff, there was still some confusion about registration and overall participation.

Come June 1, city staff were sent to 323 follow-up inspections versus 167 last year. Among the residences evaluated, only nine were issued fines for violations of city code after the month ended.

In addition, the streets division was sent out to cut 66 registered lawns after the event concluded.

Nieforth told the council that if it's decided the city will participate in No Mow May next year, efforts to educate the public will be expanded and recommendations from the Sustainability Advisory



Oshkosh Herald

This year's No Mow May in Oshkosh had a total of 655 participants, according to city officials.

Board will also be welcomed.

In other items discussed by the council, City Manager Mark Rohloff told the group that he will come to the next meeting Aug. 9 with the first proposals for American Rescue Plan Act (ARPA) non-infrastructure items.

The council had directed Rohloff to use 75% of the \$20 million in ARPA funds on infrastructure projects, and 25% on non-infrastructure projects. He said while

his proposals will not encompass the entire 25% allocation for this, it will serve as a baseline for what's to come.

At the council's Aug. 23 meeting, another workshop will take place about the Clearwells water reservoirs replacement project. Public Works Director James Rabe said city staff are working with the state Department of Natural Resources to help provide residents with more information.

Winnebago County Fair opens gates this week

Oshkosh Herald

The Winnebago County Fair returns to the Sunnyview Expo grounds Wednesday through Sunday with daily features anchored by the fairgrounds midway and agricultural exhibits and competition.

Expo buildings will be busy with animal judging Wednesday through Friday after prefair judging of a variety of exhibitions and projects was being held Monday and Tuesday.

Carnival rides open at 4 p.m. Wednesday and Thursday, 1 p.m. Friday and noon Saturday and Sunday. Daily family entertainment between 11 a.m. and 5 p.m. includes an All-American Lumberjack Show, Royal Legacy Circus, Pleasure Valley Pig, Duck & Goat Races and Nick's Kid Show & Barnyard Adventure among other programs.

Concerts in the Music Village feature Bad Habitz on Wednesday night, Model Citizens on Thursday, The Presidents on Friday, and Fire on High and Spitfire Rodeo on Saturday.

Gates open daily at 9 a.m. with tickets at \$15, which includes parking, entertainment, grandstand shows, exhibits and carnival rides. Weekly passes are available for \$35.

Details and schedules can be found at winnebagocountyfaironline.com.

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Presented by UTR

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November

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December

Christmas with John Berry | Dec. 2

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Ted Vigil: A Rocky Mountain Christmas | Dec. 16

The Night Before The Night Before | Dec. 23

January

John McGivern | Jan. 14

February

The Piano Men starring Jim Witter | Feb. 4

Six Appeal Vocal Band | Feb. 23

March

Harmonious Wail- Simon & Simon | March 17

The Music of Paul Simon & Carly Simon

April

Mutts Gone Nuts! Canine Cabaret | April 2

Cocktail Hour: The Show | April 15

By Ballets with a Twist

The Flyin' Hawaiian | April 22

May

80s Night Out | May 5

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June

Fancifool! starring Ananda Bena-Weber | June 16

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Electronic recycling efforts create safer solutions

By Amber Brockman

Since it took effect in 2010, Wisconsin's electronics recycling law has kept more than 350 million pounds of electronics out of landfills and expanded recycling access for state residents, according to the most recent E-Cycle Wisconsin report.

The law makes it illegal to put electronics such as TVs, computers and cellphones in the trash and requires electronics manufacturers to help cover the cost of responsible recycling.

"In general, our surveys and informal conversations have found that most people store electronics they are done using, because they are not sure exactly what to do with them," said Sarah Murray, E-Cycle Wisconsin coordinator for the DNR. "We encourage people to reuse or recycle old electronics — including cords, chargers and other accessories — so that the materials can be used in new products."

It's also important to understand that electronics and batteries can't go in curb-



Herald

4imprint.

"Rechargeable batteries in electronics can cause fires if crushed or damaged, which is likely to happen during the collection process for recycling and trash," she said. "Electronics need to go to specialized recycling facilities (not the same place cans, bottles and cardboard go), where workers and equipment can safely handle the complex mix of materials in electronics, including toxics like lead and mercury."

Goodwill North Central Wisconsin (NCW) locations, including at 1600 W. 20th Ave. in Oshkosh, and Winnebago County Solid Waste are permanent collection sites that accept most electronics from schools and households, including cellphones, desktop computers and accessories, and laptops among other items, according to the up-to-date list the DNR maintains.

"In general, after people take electronics to a drop-off site, such as a local government recycling center or a retailer, the electronics are sent to a processing facility where workers dismantle them using a combination of manual disassembly and machines," Murray said. "The materials in electronics are sorted into different commodities and sent to refiners and proces-

sors that specialize in preparing the plastic,

fill for a fee (call 920-727-2884 for details) or through private recycling centers such as Napuck Salvage & Supply.

For every 1 million cellphones recycled, 35,000 pounds of copper, 772 pounds of silver, 75 pounds of gold and 33 pounds of palladium can be recovered, the E-Cycle Wisconsin report states.

During the 2021 program year, Good-

metal and glass for use in new products." Residents can drop off electronic waste products at the Winnebago County Land-

will NCW sent 271,511 pounds of eligible

Special Needs Fair and Fun Day features run/walk

Fox Valley Physical Therapy is hosting a Special Needs Fair and Fun Day from 4 to 7 p.m. Aug. 19 that will include a 1K run/ walk and roll/ride.

The free event at 909 S. Washburn St. will provide children and adults with disabilities an opportunity to participate in a fairlike setting. Participants are asked to

go to Tinyurl.com/MTWMZV8Y to reg-

There will be therapy dogs, pediatric yoga, a dance party, sensory bag making, adaptive equipment providers, games and the Brewing Futures Cafe on site. For details contact 920-235-8966 or disterhaftc@gmail.com.

electronic devices to registered recyclers or collectors under the E-Cycle program.

"Electronics contain hazardous materials such as lead and mercury that pollute the environment and can be harmful to human and animal health," said Ann Ward, logistics and post-retail sales operations manager for Goodwill NCW Warehouse Distribution. "We are committed to providing products to a certified recycler to ensure proper e-cycling to avoid a negative impact on the environment and unsafe conditions for the people handling them."

Post-retail sales to salvage vendors and recyclers divert 1,200 semi-trailers from the landfill every year, enough to fill Lambeau Field 12 times, according to Ward.

All laptops, computers and cellphones donated to Goodwill NCW are wiped before they are sold, and all e-cycled items are sent to a company certified through the DNR. This ensures data security won't be compromised and provides Goodwill NCW with a certificate of recycling.

The only Goodwill NCW location that accepts TVs or monitors is the Outlet Store at 1341 W Spencer St. in Appleton. All TVs or monitors — regardless of size and screen type — are \$15 each to donate for e-cycling.

Other electronics such as laptops, computer accessories and cellphones can be donated to any Goodwill at no cost. Donation hours are from 9 a.m. to 6 p.m. dai-

For more information on collection sites, mail-back programs and other electronics recycling information, visit dnr. wisconsin.gov/topic/Ecycle.





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Primary races in place for Aug. 9 vote

Wisconsin voters are choosing party candidates ahead of the Nov. 8 midterm elections for governor, U.S. Congress and the state Legislature, including local representatives for the Assembly and state Senate.

With a recent state Supreme Court ruling that barred the use of absentee ballot drop boxes, election officials recommend the ballots either be delivered by mail or by the person who filled it out to the local clerk's office ahead of the Aug. 9 primary.

The court ruled earlier this month that absentee ballot drop boxes were no longer legal and, furthermore, "that it's illegal for someone else, like a spouse or roommate, to return a voter's completed absentee ballot to the clerk's office." The absentee voting deadline is Aug. 4.

The Wisconsin Elections Commission reported there were 528 drop boxes in use in the 2020 presidential election spread across 430 municipalities. By the spring of 2021, local officials reported a total of 570 drop boxes spread across 66 of 72 counties.

Wisconsin's open primary allows voters to select any single party ticket but can only vote for candidates from that party for all

In Oshkosh, Mayor Lori Palmeri, a Democrat, will be up against Republican Donnie Herman for Assembly District 54, Rep. Gordon Hintz's current seat in which he will not be seeking re-election. If Palmeri were to win the seat, she told the Herald she would finish her term as mayor and not seek reelection.

Assembly District 53 is uncontested this year thus allowing a clear path for Republican Michael Schraa to serve another term.

The state Senate's 19th District, where Sen. Roger Roth is not seeking re-election while running for lieutenant governor, will have a contested Republican primary between incumbent Rachael Cabral-Guevara and Andrew K. Thomsen. Democrat Stefanie A. Holt is unopposed in her primary and will face the Republican winner.

U.S. Rep. Glenn Grothman is being challenged by Douglas H. Mullenix in the Republican primary for Wisconsin's 6th congressional district. Democrats did not field a candidate to challenge the longtime GOPheld seat.

Democratic challengers to U.S. Sen. Ron Johnson were reduced to one after Milwaukee Bucks executive Alex Lasry, state treasurer Sarah Godlewski and Outagamie County executive Tom Nelson withdrew from the race last week, leaving Lt. Gov. Mandela Barnes as the remaining major Democratic candidate.

Republicans lining up to challenge Gov. Tony Evers include Adam Fischer, Rebecca Kleefisch, Tim Michels and Timothy Ramthun.

In Winnebago County, two uncontested races for sheriff and clerk of courts are underway for incumbents John Matz and Tara Berry, respectively.

Information on candidates and their priorities is available on Vote411.org depending on their participation in the League of Women Voters' efforts on voter education.

County Clerk Sue Ertmer said despite the state Supreme Court's decision, processes are status quo at the county level, whereas separate municipalities were most affected as the main junction between absentee voters and Ertmer's team.

One of the changes that's been made at the county is the size increase of the physical ballot. This year being the gubernatorial primary, several candidates of the same parties are seeking a spot on the November ballot.



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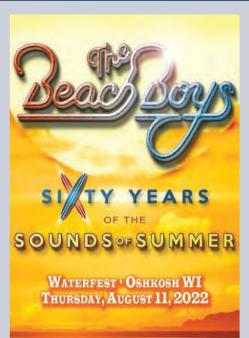
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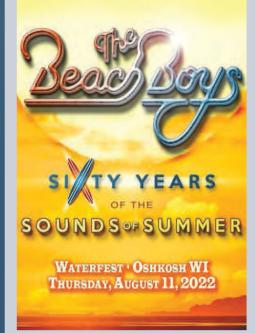
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Lakeside Packaging marks 60 years of making it work

By Kathy Walsh Nufer HERALD CONTRIBUTOR

As Lakeside Packaging Plus Inc. celebrates its 60th year in business, staff and board members remind themselves of their original mission to meet the vocational needs of people with disabilities, and their efforts to stay relevant six decades later.

While multiple facilities like Lakeside have closed, LPP also weathered its share of struggles but thrives, according to new chief executive Rob Servais. "We are blessed," he said.

Board member Lynn Ruedinger agreed.

"LPP is still here, surviving, thriving and willing to change with the times, and provide whatever every person with disabilities needs," she said. "It is adjusting and growing. You have to be dedicated to this mission to have that resilience."

Yet, it appears Lakeside's presence in Oshkosh and Neenah has been a well-kept secret for years.

"I was interviewed on WOSH Radio, and the host had never heard of Lakeside Packaging Plus, but he was intrigued," Servais said. "For me, helping people understand what we do is a passion of mine. At Lakeside we want to be a beacon. More than anything, we want people to know about our mission and the people we support."

The company was founded in 1962 by a band of dedicated parents and nonprofit agencies who saw a need to provide meaningful job training programs and day services for adults with disabilities.

"At the time, when students with disabilities completed their schooling, there was very little available for them to do," Servais said. "Some would turn 18 with no vocational options. They needed training and job opportunities to provide hope."

Lakeside Packaging Plus

Nonprofit business provides projects, employment and activities designed to enrich the lives of associates with diverse abilities at Neenah and Oshkosh facilities, plus community training sites.

Clientele: Serves nearly 225 associates and works with 65 partner businesses

Options: Day programs, community employment and prevocational services

Eligibility: Diagnosis of a developmental disability or mental illness, and must be 16 or older

Locations: 1040 Breezewood Lane, Neenah, and 100 Fernau Ave., Oshkosh

Website: lakesidepackagingplus.

In those days these facilities were known as sheltered workshops. Today they are called CRPs (community rehabilitation providers). Wisconsin currently has about 60 CRPs, most of them in larger cities.

Over the years, Lakeside specialized in light assembly and packaging, subcontracting the work by bidding on production jobs from local businesses and industry. Many businesses also looked to Lakeside as a supplement for their own labor forces when needed.

For Lakeside associates, the jobs offered vocational training and development, plus an income. Those unable to do production work participated in adult day services promoting life and vocational skills, along with



Photo from Lakeside Packaging

Associates celebrate at the Lakeside Packaging Plus 60th anniversary party recently in Oshkosh.

basic academics.

Whether assembling safety kits for J .J. Keller or getting job-coaching support for clerking at the local Pick 'n Save, Lakeside helps associates develop and use their varied skills to reach their potential.

Servais cited several challenges in recent years, including closures.

"Multiple facilities decided to end services because of poor reimbursement rates that did not cover expenses," he said.

Staff recruitment in the current job market has been difficult.

"With inflation and increases to competitive wages, hiring staff can be a challenge," Servais said.

COVID-19 had a great impact on Lakeside's business operations, he added. "Since COVID, we are serving 80-100 fewer associates than we were previously."

Another challenge is legislative uncertainty around efforts to eliminate or phase out the Special Minimum Wage provision (section 14C) of the federal Fair Labor Standards Act. Ending that provision would put more limits on the CRPs' use of below minimum wage pay for people with disabilities.

In recent years, many self-advocates and family members have found their voice through grassroots organizing around proposed changes in state and federal rules, and regulations that could impact Lakeside.

They contact their legislators to share real-life stories and perspective, hoping to protect the "full array" of services, including center-based work.

Their overriding concern is that facility-based vocational services might be eliminated as a work "choice."

Nicole Stollar of Neenah likes having a choice. She works three days a week at Lakeside assembling cutlery packets for Hoffmaster Group Inc.

"I wrap a napkin around the cutlery and put a plastic ring on it," she explained.

After work she proudly reports her count for the day to her mom Teri.

"I like my job, my friends and my supervisor," Nicole said.

She also volunteers at Bethesda Thrift Shop in Neenah and has a side job selling jewelry she makes at the local farmers market. Teri Stollar thinks this combination is a good fit for her daughter.

"She is comfortable and happy, sees a lot of her friends at work, and for her, Lakeside is a safe haven," she said. "I don't have to worry about her, and I feel happy that she's happy."

Ruedinger, a former special education teacher whose brother Terry has been a Lakeside associate for 37 years, said Lakeside provides Terry with "whatever he needs to become as independent as possible. He is happy, safe, meeting a purpose and has a full quality of life. It's not just a job. There is a real sense of camaraderie – a sense of belonging that gives his life meaning."

As the disability landscape changes, and the emphasis on placing more people in competitive jobs in the community grows, Lakeside adapts.

Ruedinger noted that today, LPP can provide the gamut of services for differently abled individuals to succeed.

"Offering a full array of services is really key to us staying relevant," said Tom Mentele, Neenah coordinator of adult services. "That includes adult services and community-integrated employment, and adult day services that are both center based and community based, from in-house music and craft activities, to museum trips, bowling and swimming. We have so many programs that we have started."

Three new options for associates to explore are Building Full Lives Program, Group Supported Employment and the Summer Program for Youth.

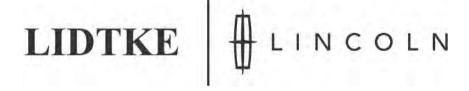
"We are in a unique and exciting time at Lakeside," Servais said. "As we forge forward, we want to ensure we remain true and centered on our key elements of what makes us special — mission, vision and core values. Lakeside will continue to be proactive with community-based programs alongside our in-house programs, but we will always try to center our decisions on what's best for those we serve."



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Lakeside timeline

1962: Work Adjustment Services Inc. founded by parents of children with disabilities and nonprofit agencies with a mission to provide more meaningful employment programs to promote self-sufficiency for adults with special needs, as well as day services. Duane Kelso is first executive director.

1971: Terry Laske named executive director

1976: Current facilities completed in Oshkosh and Neenah

1982: Neenah facility adds 15,000 square feet to original building

1984: Oshkosh facility adds 27,500 square feet

1999: Dave Brotski becomes executive director

2000: Name changed to Lakeside Packaging Inc.

2012: Margaret Winn becomes executive director **2022:** Rob Servais becomes executive director

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ITTAKES COURAGE

"People in recovery are some of the most courageous people I know."

Ashley is a mom, a friend, a supporter of the recovery community, and someone who has lost someone to substance use. Ashley tells her story in hopes that someone can relate and know that they are not alone, as well as share a perspective in hopes that others will open their hearts and minds in how they view substance use.



Listen to Ashley share her story on the Breakwater Podcast Episode 30:
Hopeful Perspective - Through the Lens of a Family Member at https://bit.ly/Ashleys_story
Ashley lost the love of her life to substance use and through the pain continues to swim and hopes to make the difference.
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For more information or for references to start the conversation visit https://breakwaterwi.org/be-courageous/



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August 3, 2022

Submitted photo

For the love of cookies

Volunteer cookie expert Ethel Krumenauer (left) has shared her expertise with Miravida Living for the past six years, and on a weekly basis makes 180 cookies and delivers them throughout the Bethel Home building.







United Way names new president

The Oshkosh Area United Way's (OAUW) board of directors has selected Beth Oswald as its new president and chief executive starting

in September.

Oswald, who has lived in Oshkosh most of her life and is a graduate of both Fox Valley Technical College and the University of Wisconsin Oshkosh, joins OAUW after acting as the executive director of Christine Ann Do-



mestic Abuse Services for six years.

"Beth's dynamic nonprofit and resource development experience is exactly what our search committee was looking for and we are excited to have her join us for the upcoming 2022 Community Giving Campaign," said Amy Sitter, board chair.

The organization said Oswald brings a successful history of fundraising, optimizing financial operations and a commitment to cultivating conversations and collaboration.

"I've been an advocate for the health and safety of our residents, so I have a huge interest in seeing this organization succeed," Oswald said. "We need our neighbor's help to invest in our community and I look forward to helping us achieve that goal. I'm excited about this new opportunity and look forward to working with my team to bring positive change to the lives of individuals and families in our area."

A search committee for the position included 10 OAUW board members and reviewed more than 30 candidates during the two-month review process.

Area jobless rate rises in June

The unemployment rate in June decreased in all 12 of Wisconsin's metro areas, including Oshkosh-Neenah, compared with June 2021, but rose by 0.7% between May and June, according to the U.S. Bureau of Labor Statistics.

The Oshkosh-Neenah Metropolitan Statistical Area (MSE) had a June jobless rate of 3.2% compared with 4% a year ago, while the city of Oshkosh's unemployment was at

3.6% compared with 4.6% in June 2021.

The state Department of Workforce Development released the June estimates of unemployment and employment statistics for metropolitan areas, major cities and counties last week. Preliminary June rates declined in all 72 Wisconsin counties over the year and decreased or stayed the same in three of 72 Wisconsin counties over the month.

Housing Authority names Fromm director

Both the Oshkosh and Winnebago County Housing Authority groups recently voted to promote interim executive director Wendy Fromm to a permanent role, following Stuart Kuzik who served just over a year.

Both authorities have helped low- and moderately low-income households

through affordable rental housing assistance, homebuyer support and resident services, according to the joint authority website.

Kuzik took over the position from Susan van Houwelingen, who served as the authority's executive director for seven years.

Back in the Day



Oshkosh history by the Winnebago County Historical & Archaeological Society

August 2, 1926

City Opens Work House – Man Made to Scrub Jail: The opening of the city workhouse was initiated this morning by Police Chief Gab-



bert. Created as a method of dealing with vagrants, it is said to have aroused the displeasure of devotees to idleness. Dan Dranscol, who was apprehended by police on Sunday, was the first to come under the new rule. Chief Gabbert put the man to work today scrubbing up the city jail. Dranscol was also advised to use the process upon himself because he needed it worse than the city jail.

Source: Oshkosh Northwestern, Aug. 2, 1926





August 3, 2022 OSHKOSHHERALD.COM | PAGE 9



The Midtown Neighborhood was the focus of this spring's Rock the Block program.

Neighborhood projects key on Midtown with Menominee South to come next

Habitat for Humanity of Oshkosh, along with collaborating partners Oshkosh Healthy Neighborhoods and the city of Oshkosh, focused its projects in the Midtown Neighborhood Association between East New York and East Irving avenues and North Main and Broad streets.

Residents from 41 homes within the neighborhood association boundaries received assistance during May with exterior home repairs and lawn care that included edging, lawn patching and seeding, tree and bush trimming, weeding, raking, brush removal, mulching, pressure washing and gutter cleaning.

Volunteer groups from Old National Bank, Amcor, Oshkosh Corp. and 4imprint joined individual volunteers from the Oshkosh area to work on projects.

St. John's Evangelical Lutheran Church served as a host site for volunteer checkin.

The Town of Algoma Sanitation District donated bottled water for volunteers. Verve credit union and Oshkosh Rotary Southwest sponsored volunteer lunches.

Menominee South Neighborhood Association will be eligible for revitalization services in 2023. The program planning committee will be mailing information this fall and canvassing the area between Broad and Hazel streets and south of East New York Avenue to north of Washington Avenue.

Rock the Block is a Habitat for Humanity International initiative focused on bringing people together to revitalize neighborhoods.





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Local wheat harvest looks for profitable market



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Photos by Michael Cooney Above: This combine cuts a 35-foot swath and is shown harvesting wheat, but also is used for soybeans and corn using different head attachments. Below: Jackson Remer

farms land with his father and other



By Michael Cooney
HERALD CONTRIBUTOR

Jackson Remer, who raises winter wheat, corn and soybeans on his land west of Oshkosh in the Town of Fisk, just completed taking in his latest wheat

Remer, who took over his family farm between Oshkosh and Omro after his brother died unexpectedly several years ago, said this year's wheat crop is being impacted by higher fuel costs due to the war in Ukraine and inflation factors.

"We're hoping to have a profitable wheat crop. I think it will be one of our better years," Remer said. "However, fuel probably doubled in cost from last year, fertilizer and chemicals have tripled in cost and we have had a hard time getting some machine parts."

Wheat is selling for \$7.23 a bushel at the local United Cooperative site and Remer said he saw prices reach as high as \$10 a bushel a few months ago and drop as low as \$6.

To help manage price volatility, farmers sell portions of their crop using contract options that lock in a price. Wheat's average price from 2016 to 2020 was \$5.62 per bushel.

"It's always a gamble; the global market changes swiftly," Remer said. "You have to act quickly to capture those higher prices and you never know if they are going higher or will drop the next day."

Remer said he's lucky to be back farming with his father, good employees and the supportive community that surrounds him.

He said that while there are fewer people farming the Oshkosh area than in the past, "the people who are still farming are doing a good job working the land, managing resources and take a lot of pride in their community."



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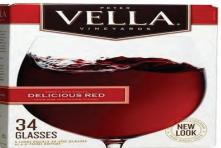
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Calendar of events

"Helen Farnsworth Mears: A Genius of Wisconsin," Oshkosh Public Museum, through Aug. 14

Wednesday, Aug. 3

Winnebago County Fair, 9 a.m., Winnebago County Fairgrounds and Sunnyview Expo Center

Bingo, 7 p.m., American Legion Hall, 1332 Spruce St.

Voices of Nature presentation, 10 a.m., Oshkosh Seniors Center

Thursday, Aug. 4

Waterfest featuring Night Ranger, Pocket Kings and The Presidents, 5:45 p.m., Leach Amphitheater

Winnebago County Fair, 9 a.m., Winnebago County Fairgrounds and Sunnyview Expo Center

Music on Main, 5:30 p.m., Opera House Square

Titan Town Throwdown, 8 p.m., Blades & Boards, 2283 State 44

Taylor Jacobson, 5:30 p.m., Fox River Brewing Co., 1501 Arboretum Drive

Friday, Aug. 5

Winnebago County Fair, 9 a.m., Winnebago County Fairgrounds and Sunnyview Expo Center

Anthrax and Black Label Society, 6 p.m., Oshkosh Arena

Downtown Art Walk, 5 p.m., 100-700 blocks of North Main Street

Oshkosh Creates live art show, 6 p.m., downtown

The History of Oshkosh Project, 4 p.m., Copper Hall, 203 Otter Ave.

Marine Corps League bingo, 5:30 p.m., 4715 Sherman Road

Drag Bingo, 6:30 p.m., The Howard, 405 Washington Ave.

Third Lake Brass Quintet, 10 a.m., Oshkosh Public Library

Hannah Rose, 7 p.m., Revs Bowl, 275 N. Washburn St.

HomeTown Acoustic, 6 p.m., Dockside Tavern, 425 Nebraska St.

Saturday, Aug. 6

Winnebago County Fair, 9 a.m., Winnebago County Fairgrounds and Sunnyview Expo Center

Oshkosh Farmers Market, 8 a.m., downtown

Breakfast Club, 6 p.m., Dockside Tavern, 425 Nebraska St.

Sunday, Aug. 7

Winnebago County Fair, 9 a.m., Winnebago County Fairgrounds and Sunnyview Expo Center

Oshkosh Summer Fun Run, 7 p.m., Winnebago County Community Park Shelter No. 3

TJ & Lynn, 2 p.m., TJ's Harbor, 7098 U.S. 45

Michael Sullivan, 6 p.m., Dockside Tavern, 425 Nebraska St.

Levi Douma, 5:30 p.m., Fox River Brewing Co., 1501 Arboretum Drive

Seth James, noon, Parker John's BBQ, 30 Wisconsin St.

Monday, Aug. 8

The Nature of Light: An Exhibition After Dark (preview), 10 p.m., Paine Art Center & Gardens

Tuesday, Aug. 9

Dark Nights Trivia, 7 p.m., The Grand Oshkosh

Amelia Ford, 6 p.m., Dockside Tavern, 425 Nebraska St.

Wednesday, Aug. 10

Brews on the Bay, 5 p.m., Menominee Park

Bingo, 7 p.m., American Legion Hall, 1332 Spruce St.

Andy Braun, 6 p.m., Dockside Tavern, 425 Nebraska St.

Thursday, Aug. 11

Waterfest with The Beach Boys, 6:30 p.m., Leach Amphitheater

Music on Main, 5:30 p.m., Opera House Square

Joller Jester Community Theater's "The Music Man," 7 p.m., Alberta Kimball Auditorium

Mike Grasso, 5:30 p.m., Fox River Brewing Co., 1501 Arboretum Drive

Ruckus Unplugged, 6 p.m., Dockside Tavern, 425 Nebraska St.

Friday, Aug. 12

Marine Corps League bingo, 5:30 p.m., 4715 Sherman Road

That Guy, 6 p.m., Dockside Tavern, 425 Nebraska St.

Saturday, Aug. 13

Oshkosh Farmers Market, 8 a.m., downtown

Downtown Oshkosh Chalk Walk, 8 a.m., Opera House Square

Oshkosh City Golf Tournament, 8 a.m., Westhaven Golf Club

"Jaws," 7 p.m., Time Community Theater, 445 N. Main St.

Stank Town, 3 p.m., Fifth Ward Brewing Co., 1009 S. Main St.

The MoonShiners, 7 p.m., Dockside Tavern, 425 Nebraska St.

Sunday, Aug. 14

Oshkosh City Golf Tournament, 8 a.m., Westhaven Golf Club

Scotty Meyer, 5:30 p.m., Fox River Brewing Co., 1501 Arboretum Drive

Nicki Sims, noon, Parker John's BBQ, 30 Wisconsin St.

Kip Jones, 2 p.m., TJ's Harbor, 7098 U.S. 45

Backstage Pass, 6 p.m., Dockside Tavern, 425 Nebraska St.

'Music Man' performance tickets on sale

Jolly Jester Community Theater's performance of "The Music Man" will run at the Alberta Kimball Auditorium Aug. 11-13.

Produced by the Oshkosh Recreation Department and directed by Tracie Schlaak, the musical's cast includes youth,

Saint Vincent de Paul

adults and seniors from the area.

Shows are set for 7 p.m. Aug. 11 and 12, and at 2 and 7 p.m. Aug. 13. Tickets can be purchased at the Oshkosh Recreation Department and cost \$8 for ages 5-17, \$12 for adults and \$10 for seniors 62 and older.

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McQuillan opens door for paraplegic helicopter pilots

By Steve Clark OSHKOSH HERALD

Stewart McQuillan is the first paraplegic ever to pilot a helicopter.

Now, he's opening the door for others to do the same.

The retired Royal Air Force captain was on the EAA AirVenture 2022 grounds last week to share his story, showcase the helicopter flight system for paraplegics he helped create and champion the vision for the nonprofit organization he co-founded - the National Veterans Vocational Village

McQuillan had his spinal cord crushed while on a test flight at age 29 and was told that he would never be able to fly again. But instead of accepting that prognosis, McQuillan went to work.

He achieved certification to fly single-engine fixed-wing aircraft and then after a meeting with King Hussein of Jordan - took on the task of developing a way for paraplegics to fly a helicopter.

"It was a challenge but I had a lot of good support behind me. I started in the (United Kingdom)," McQuillan said. "I spent a long time trying to source information about it and ultimately, I talked to the British Army Air Corps. We sat around a table and we mashed it out and figured out what we needed. We created a prototype and tried it out on the Gazelle helicopters."

What resulted from those initial meetings was the Aeroleg, a prosthetic device that attached to the leg and because of the pneumatic joints at the knee and ankle, allowed the pilot to fly the aircraft.

"There was just one issue with the Aeroleg. The problem with that was the sheer

WRIGHTWAY



Oshkosh Herald photos

Above: The cockpit of a Rotorway X helicopter has been made accessible to a paraplegic pilot with full control of the aircraft. At right: Stewart McQuillan was the first paraplegic to fly a helicopter and now works to make sure other paralyzed veterans and citizens have the same opportunity.

cost," McQuillan said. "We had a lot of interest but few did it. And a lot of them didn't because they just couldn't afford it. We didn't want that."

Although the Aeroleg does remain an option, McQuillan has also developed an alternative approach. Working with Rotorway helicopters, McQuillan and his team have created a flight system that can be installed and used at a fraction of the

This system transfers full control of the aircraft to the hand-controlled stick of the aircraft and the helicopters themselves can be adapted specifically to the pilot's needs.

McQuillan discussed how for one client, the shape of the stick was altered so that a pilot with some hand deformity could still



fly the helicopter, while on another aircraft the height of the skids was lowered and the door was adjusted to accommodate a pilot who had difficulty getting into the helicopter from his wheelchair.

"As a paraplegic, life can have problems and you just overcome it," McQuillan said. "You don't get phased out by it. You just make it work."

McQuillan said that currently, the company has created eight aircraft to be used, while another three paraplegic pilots are in the process of learning to fly.

Right now, all of McQuillan's clients are armed forces veterans, but he is looking to expand that operation to include civilians. One of the ways he is exploring is doing it

McQuillan said that by taking a tax deductible \$50 donation in exchange for an hour of flight instruction – rather than the hundreds per hour that it normally costs - the group could make learning to fly a helicopter extremely affordable, while also bolstering the organization's finances. Through NV3, the building of a Rotorway helicopter and acquiring the flight system for paraplegic could also be made more

"As a nonprofit, we could put a finite cost on things for someone," McQuillan said. "Going through the organization makes it very affordable."

EAA AirVenture 2022 broke its atten-

dance record as it ended its seven-day run

Sunday, welcoming more than 650,000

EAA chief executive Jack Pelton noted

the overall good weather conditions and

the convention's international recovery from its cancellation two years ago due to

the pandemic. He also noted that this was

the second year that admission was free

Real Estate

McQuillan co-founded NV3 with retired U.S. Air Force Col. Sean McClung and Kristen Christy, the 2018 USAF Spouse of the Year, with the idea of creating a self-sustaining training center and residential village that educates, employs and houses disabled and injured veterans.

Currently, the plan is to break ground on the village in 2023. The group is currently looking for a site to build on near Colorado Springs and looking to raise enough funds to acquire the land.

"Once we have the land, everything else is waiting in the wings. We've got everything else in place to create it," McQuillan said. "What we are trying to do is create an environment that veterans can live in in the form of unity. All of the services they need would be there and they would have the camaraderie of other veterans."

One of the benefits of attending shows like EAA AirVenture with his story is that it can raise awareness for NV3.

"Maybe somebody will hear this and say, 'We're going to help you buy the land' or something," McQuillan said. "Once we get (the Colorado Springs site) done, it will work as a blueprint for other states. We will mentor them and help them get set up and then every state will have one or more of these residential areas for veterans. That's the long-range goal."

for everybody ages 18 and under, which he credited as another reason for the high

There were about 5,000 volunteers

during the week to help make the event

possible and nearly 800 media members

As of early Sunday, there were more

than 17,000 airplane landings and take-

offs from the Wittman Regional Airport

on site, according to EAA estimates.



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Future of short air trips going straight up

Volatus project keys on electric-charged versatility

By Kaitlyn Scoville OSHKOSH HERALD

What if you could cut a 90-minute drive to Milwaukee down to 20 for the price of a tank of gas?

Neenah-based Volatus co-founder Grant Fisk said it could be possible as soon as next year's EAA AirVenture.

Volatus is focusing on advanced air mobility to small areas such as Oshkosh. The company announced plans in April to build the first vertiport in the Western Hemisphere at Wittman Regional Airport.

The company has a land lease with the airport and Winnebago County as it waits for final approvals to construct a five- to six-pad vertiport facility in late summer or early fall. Fisk said there are at least five electric vertical takeoff and landing (eVTOL) aircraft awaiting FAA general use certification that will be available to start the initiative.

But with delayed FAA regulating, Fisk said he is hopeful to have it open by AirVen-

According to United Airlines, the global market for eVTOL technology is estimated to surpass \$9 trillion by 2050, and that more than 80,000 passengers will use this new service per day in the U.S. by 2035.

The vertiport will include a terminal with amenities, a landing pad and a charging station that can fuel any electric aircraft.

EAA communications director Dick Knapinski also welcomed the initiative back in April and said it fits the organization's purpose of advancing aviation technology, which Fisk noted was a primary reason for



An illustration shows a future look at electric aircraft and vertiport facilities.

locating the first Volatus vertiport here.

"Right now, the eVTOL technology is really a chicken-and-egg situation," Knapinski said. "The product won't be there unless they know there are charging stations and facilities. And the facilities won't be there unless they know there are customers flying these types of aircraft. So Volatus is stepping up to make that possible."

Fisk said the first generation of the eVTOL aircraft will be piloted but the avionics will be operated by touch screen and able to fly remotely, while operating under FAA rules. He said technological advances in batteries and lighter carbon fiber materials have made this commercial service feasible and ready to launch.

Wittman airport director Jim Schell said the project "allows us continued revitalization of our airport by integrating future aviation technology into existing infrastructure."

AirVenture has been a hotspot for sharing aviation advancements and the future of flying with others. With this, electric systems for aircraft are becoming more accessible and widely used in aviation technology.

Bye Aerospace founder George Bye said the power of electric aircraft is one-tenth the energy cost of gas or jet fuel and about onefifth the operating costs.

"Electric aviation is going to change everything," Bye said. "The honor of being a pioneer is bringing to the next generation of pilots the next generation of technology to benefit all of us."

Fisk said while eVTOL terminals, or vertiports, have been increasingly common in large markets such as in Los Angeles or Paris as a turnkey landing solution, they also have to be successful in smaller communities.

The range that eVTOL aircraft may have

for the area is anywhere from 60 to 150

"It's going to have to succeed everywhere," Fisk said. "If it works in Oshkosh, it'll be able to work anywhere. It's very flexible and expandable. It's just a matter of getting started here; once people hear of it, they'll get excited and push us forward rapidly."

Volatus is working on partnerships with eVTOL aircraft manufacturers to ensure the vertiport will have compatible charging sta-

"A lot of people are really excited about it and it'll do nothing but boost the local economy," Fisk said. "If you look at the amount of time that can be saved transporting goods and people, if you're looking at decreasing the impact of current road infrastructure, or just how many hours are lost due to people missing work because of a flat tire - what if we start to cut that down?"





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August 3, 2022

Be Courageous

FROM PAGE 1

what he wanted.

"I'm no stranger to alcoholism. I looked and everything pointed back to getting yourself supported," she said. "He's so educated on everything now that even if he goes back and relapses, it'll never be the same – it'll never be as good."

Alex, on the other hand, has younger kids – 14, 10, 4 and 8 months. After noticing his oldest, Carter, was struggling emotionally a few years ago, he decided to take him out of school for an extended lunch.

"It wasn't that he was struggling but he was having a few days where he seemed a little bit more emotional than normal," Alex said. "So at his age I felt he needed to know more about my story and what I had been through for him to understand why I wasn't with his mom and why we had him at a young age."

Alex began drinking during his freshman year of high school and it escalated through graduation.

"I had always wanted to get into filmmaking but I wasn't actively pursuing that dream because I cared more about being the cool kid, fitting in and doing drugs, having the parties," Alex said. "I couldn't really stop after my senior year of high school."

He eventually turned his life around at 22, but it "hasn't been a perfect 10 years of sobriety," he explained.

But with his lived experiences, Alex was able to open up to Carter and create a further connection, to allow an open, trustworthy space to talk about anything.

"I felt like he needed this heart-toheart; he had said a thing or two that made me realize he was yearning for it. I felt if I could share some of that with him, he would understand that I've struggled too, because we as parents sometimes forget that too," Alex said. "Your kids have a tendency to put you on a pedestal whether you're a great parent or not."

After calling into Carter's school, they drove a few miles away to the lakeside and



About the series

Through a partnership between the Oshkosh Herald and Breakwater, this six-part series aims to help reduce the reluctance of having difficult conversations and asking tough questions in the household surrounding alcohol and substance use.

Youth want you to ask questions; they need you to help them make decisions. For youth, people in your life – coach, teacher, youth leader, friend – are there to talk about the things you have questions about. Be courageous; start the conversation.

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just talked; Alex didn't realize this was the age he would open up to him about it. It just came naturally.

"By the end of that conversation we had hugged, we were probably in tears. He needed to hear some of the things I've been through to know that I'm not perfect," Alex said. "Fast forward three years later and we've had a few more conversations that have piggybacked on that initial one. We've connected a lot more and I feel he is so emotionally intelligent. I feel like they've helped him in a small way."

And just over the past year or so, Alex has begun talking to Carter about the specific risks of substance use. These conversations have been important as he's listened to rap and hip-hop music with Carter – to which he's also developed a liking – and which at times has vulgar or sensitive lyrics.

One of Carter's favorite hip-hop artists passed away not long ago to a drug overdose, and he had asked Alex shortly thereafter to watch a documentary about his life

"At first in my head I thought, 'No way, that's not OK.' But at the same time, I'm a little intrigued by it too and one day he's going to see it without me," Alex said. "So what if I watch it with him and, if they show these graphic things of drug





Davala mh ata

Having conservations with their children can be a parent's or guardian's best weapon against substance use.

use, help him understand by stopping the (film) and having that conversation?

"Long story short, it went over really well. I talked about when he saw the rapper in that, he was really struggling and not fully seeing or accepting it."

While Alex hasn't started having these conversations with his younger three children, he said that even before digging deeper into more sensitive subjects, parents can begin by "giving the kids the time and attention they need."

For him, the best place to connect with his kids is in the car.

"It's those 10 to 15 minutes we can just talk. And I feel like specifically when you're driving, sometimes because you're not looking right at each other you're a bit more relaxed.

"More importantly at the end of the day, I start with, 'How was your day?' Then I try to ask them what happened or the best and worst parts. I want to set the stage for them to know they can open up and share their feelings with me. It's so important to do your best as a parent to listen."

Allison, with her kids, finds teachable

moments to talk with them.

"Teenagers do dumb stuff, and drugs now are pretty dangerous and risky," she said. "Help them connect the dots instead of lecturing them about the evils (of substance use)."

Over the next several years, Alex said, Carter will happen upon a time where he's asked to do something, or a friend will try to push him to do something whether it's with drugs, alcohol or something unsafe.

"I hope he'll come to me and talk about it before trying it," Alex said. "If you have some of those conversations to make them feel safe, then that might be the thing that helps deter them away from (addictive substances).

"... If you're a kid, your parents – in their heart – ultimately want to take the time to listen and be there for you but I think sometimes it's hard for kids to speak up, especially if they feel like their parents won't validate their feelings. Speaking up and getting honest isn't always easy. I hope kids are willing to do that, whether it's with a parent or someone they're close to"



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AUDIGY

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EBT Match-20 Program returns to Farmers Market

Oshkosh residents who are participants of the SNAP/EBT Food Assistance Program will have the opportunity to match their benefits up to \$20 in market tokens at each farmers market for a second year thanks to a Community Development Block Grant.

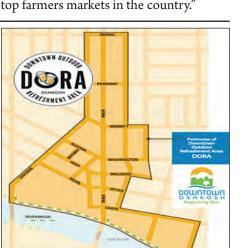
The 2022 Match-20 program will be available starting Aug. 6 at the Oshkosh Farmers Market. To qualify, SNAP/EBT clients are required to register and certify they are city residents.

Non-city residents or those not wishing to register can still use the Bonus 10 Food Bucks program, which has been offered since 2015. This program provides a match of \$10 in market tokens for SNAP/EBT clients. The Bonus 10 program has been funded and is supported by the Oshkosh Rotary Club and the Carl Ives Fund at the Oshkosh Area Community Foun-

dation and the Oshkosh United Way.

Both the Bonus 10 and Match 20 programs are designed to encourage healthy food choice options at the market. SNAP/EBT clients can participate in the Bonus 10 Program and the Match 20 Program once at each market. The farmers market program is the only local program that offers SNAP clients the opportunity to double their Food Share dollars.

"The Bonus 10 Food Bucks program has dramatically increased EBT utilization at the Oshkosh Saturday Farmers Market and doubled the purchasing power of the clients' EBT funds," said Farmers Market board chair Michael Cooney . "The increased spending has additionally supported local farm vendors and helped the market earn recognition as one of the top farmers markets in the country."



DORA program

FROM PAGE 1

ing at the first vote that the farmers market intended to be involved in the DORA.

Market chair Michael Cooney submitted a statement to the group in which they "fully support" the downtown community's efforts to expand its appeal by the introduction of the DORA.

"Our experience with alcohol being available during our winter markets suggests that it may enhance the experience of our shoppers and even bring new people to the market," Cooney said.

Several other council members expressed their intent to keep hours the same through the DORA's trial period, which is set to end Oct. 31.

Oshkosh Police Department Chief Dean Smith told the group that since the DORA's start, officers had 16 encounters with participants to educate them on rules and boundaries. On another occasion, a hit-and-run happened nearby and officers were able to find the driver and arrest them for operating while intoxicated.

After the resolution failed 5-2, City Manager Mark Rohloff said they will review the test period once it is complete and reconsider it for next year.



Photo from Julie's Touch of Silver

Julie's Touch of Silver teams won multiple titles in recent national competition.

Julie's Touch of Silver groups win titles

Julie's Touch of Silver Dance Studio in Oshkosh brought home national titles last month with Grand National Parade Corps and Twirling Corps championship performances.

The America's Youth on Parade – National Baton Twirling Association competition was held at the University of Notre Dame.

"We are so proud of the Primary, Juvenile, Junior and Senior Corps for their exceptional performances, positive attitudes and determination throughout the week to compete at an extremely high level," Julie's Touch of Silver stated on its Facebook page.

Among the champion titles earned are Grand National Parade Corps, Grand National Twirling Corps, Junior National Parade Corps, Juvenile National Parade Corps, Junior National Danceline, Senior National Danceline and Primary National Halftime.

Other awards included second place for the Juvenile National Parade Corps and the Primary National Danceline; third place for Primary National Danceline and Junior National Halftime; and fourth place for Primary National Halftime.

Julie's Touch of Silver is in its 40th year and under the direction of Julie Seckar-Anderson, offering classes in baton twirling, jazz, ballet, tap, hip hop and tumbling from beginner to advanced. Advanced dancers and twirlers can audition for its competition groups.



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Chronic Lyme' patients embrace alternative, rack up bills

By Zhen Wang Wisconsin Watch

Crystal Pauley, a former physician assistant, didn't believe in so-called chronic Lyme disease — until she became sick.

Many health care providers reject chronic Lyme disease as a diagnosis. One 2010 survey found that just six out of 285 primary care doctors surveyed in Connecticut — an epicenter for the tick-borne infection — believed that symptoms of Lyme disease persist after treatment or in the absence of a positive Lyme test.

When Pauley worked for the La Crossebased Gundersen Health System, she remembered hearing about a friend from high school battling chronic Lyme in Australia. But she had her doubts. "I'm working in the medical field," she said. "We've never learned about that."

Years later, Pauley has changed her mind. Pauley tested positive for Lyme in 2020. She suffers from unrelenting fatigue, joint pain and brain fog. She walks up stairs sideways because of the unbearable knee pain. Pauley said she has become "pseudo-Lyme literate" because of her own personal journey.

Pauley belongs to a cohort of patients with Lyme-like symptoms but negative test results or patients with positive test results who suffer from lingering symptoms long after treatment. They call it chronic Lyme disease, while the Centers for Disease Control and Prevention labels it as Post-Treatment Lyme Disease Syndrome (PTLDS). The CDC says there is no known treatment for the condition.

"Their symptoms are always real. They're experiencing them," said Dr. Joyce Sanchez, an infectious-disease associate professor at the Medical College of Wisconsin who treats Lyme patients with persistent symptoms.

"If someone is having physical symptoms and isn't feeling listened to, then they'll have mental health repercussions and then that will impact their physical well-being," she said. "And then it's a spiral that if you don't address both components of health, you're not going to make much progress on either side. And they will continue to feel sick."

Wisconsin Watch talked with five Wisconsin patients, all women, who have been searching for validation and experimenting with personalized treatments as part of a long and sometimes grueling battle with the illness. The infection comes from tiny ticks primarily found in the northeastern United States, including in Wisconsin which is a hot spot for Lyme, ranking No. 5 among states for Lyme cases in 2019.

One of the five tested positive for Lyme using a two-step testing recommended by the U.S. Centers for Disease Control and Prevention. Three others tested positive using a test not recommended by the CDC. The fifth woman was diagnosed as possibly suffering from the disease by a "Lyme-literate" practitioner.

All of the five patients share commonalities. They've never noticed the signature "bull's eye" rash around the tick bite, the hallmark of Lyme disease, which is seen in 70% to 80% of patients. But relentless waves of rheumatologic, cardiac and neurological symptoms have flattened their lives. Some of them were previously fit and healthy.

Pauley, 37, who as a student cranked through medical textbooks, began having



Alicia Cashman is a patient and an advocate for people with Lyme disease. She has been battling the symptoms of the disease for more than 10 years and runs the Madison Area Lyme Support group in Madison.

trouble remembering a simple medication direction. She put up sticky notes around her office to jar her memory.

Alicia Cashman, 57, runs the Madison Area Lyme Support Group. She recalled unbearable pelvic pain beginning in 2010.

"This causes pain of a magnitude that makes you want to die," she said.

The pain metastasized quickly. She felt joint pain, headaches, insomnia and extreme fatigue. "It was so bad that I just wanted to be in a dark room with no smell, no sound, no light," she said.

Shelbie Bertolasi, 47, is a stay-at-home mother in Waukesha with four children ages 5 to 24. Until about seven years ago, she was healthy and stuck to a workout

Bertolasi's health steadily deteriorated starting in early 2015 when she miscarried twins. She is beset by continual pain in her joints, back, knees and hip. She lost 30 pounds in a month due to constant diarrhea. Doctors flagged and treated excessive bacteria in her small intestine. Sometimes, she loses feeling in her feet.

Judy Stevens, 52, a former school counselor and psychotherapist from Wauwatosa, says shortly after the loss of her father, she was hit by joint pain, brain fog, insomnia, hair loss and night sweats. She was an athletic person, a cross-country coach at school and a triathlete.

None of these women recalled seeing a tick, except Jessica Croteau, who lives in Rice Lake. The 34-year-old noticed a tick on her neck in the summer of 2019 at home and started to have flu-like symptoms, but she tested negative for Lyme. Croteau suffered bouts of low-grade fever,

a stiff neck, gastrointestinal problems and spiking high blood pressure.

Often, chronic Lyme patients present multiple symptoms that make their diagnosis challenging. They bounce from one specialist to another to tackle each problem, but each diagnosis cannot explain all of the symptoms they are experiencing.

Cashman's severe pelvic pain was found to be caused by two deflating ovarian cysts. But that diagnosis did not explain the unbearable pain that gravitated to her head and her knees, one of which turned swollen and "red hot to touch."

Cashman began to look for causes. "Not everything is Lyme, but everything can be (Lyme)," she said. "It's a weird thing, but you got to go down these rabbit holes."

Croteau saw specialists, including emergency physicians, a cardiologist, a kidney specialist and an immunologist. All the tests she took were negative for Lyme disease. She was told the problems may be related to psychological issues.

"So basically, it's been a timeline of two years of not being taken seriously, just pushed away — either told I can't do anything for you (or) there's nothing really wrong with you," Croteau said.

Bertolasi saw a pain specialist, a psychiatrist, a spinal therapist and a neurologist. They diagnosed her with SI joint dysfunction. Back surgery, therapy and exercise relieved some of her pain, but her knees continue to hurt.

Unsatisfied, in 2019, Bertolasi saw a rheumatologist who ruled out rheumatoid arthritis and lupus. And the forgetfulness has persisted; she has left her phone in the

SEE Lyme disease ON PAGE 21



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Lyme disease

FROM PAGE 20

refrigerator. She described it as being "surrounded by this dark (mental) fog."

After seeing around 30 specialists, Stevens had a bag of medications, including many prescribed psychotropic drugs, which she said made her psychiatric symptoms worse.

Sanchez, the infectious disease doctor, worries that patients who do not get answers from mainstream medicine may gravitate toward unproven — and expensive — alternatives. But she sees no harm in some strategies that may offer relief, including meditation, tai chi, acupuncture or massage therapy.

Two of the five women interviewed by Wisconsin Watch have been diagnosed through the CDC's two-step testing regimen: the ELISA test followed by the Western Blot, two different ways of looking for Lyme antibodies in the patient's blood. Pauley tested positive for Lyme using the CDC's recommended criteria, and Stevens tested positive on just one of the two tests.

Two others used a laboratory that administers the same tests but uses less-stringent criteria to determine whether a person has Lyme. Cashman and Bertolasi both tested positive through that testing. A 2014 Columbia University study found that some labs using their own criteria reported more false positive results — 57% among people with no history of Lyme — than the 25% false-positive rate using CDC criteria. Croteau used three different laboratories but tested negative each time.

With a Lyme disease diagnosis, Pauley took the standard treatment, doxycycline,

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But when she completed the antibiotic therapy, she felt even worse. While her memory has improved, she has developed muscle pain, and her knees hurt even more. She felt tired, saying she could sleep 10 to 16 hours a day. But her doctor, following standard protocol, has told her she is done with treatment.

Stevens' doctor followed CDC guidance, which recommends against prolonged antibiotic treatment, saying the harm outweighs the benefit. Sanchez echoed the argument, saying "If we don't see any plus side benefit to it, then we're only exposing people to unnecessary risks."

Cashman, living in Cataract, Wisconsin was also diagnosed with Bartonella, or Cat scratch disease, and went through five years of "systemic, holistic" treatments, which included a host of herbs, antibiotics, a high dose of vitamin C and supplements. She also received ozone therapy and laser therapy for pain relief. She is now nearly symptom-free, but still deals with spine stiffness.

Stevens found two Lyme-literate doctors in Wisconsin who are versed in both





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Western and alternative medicine. She said she was co-infected with Relapsing Fever, Babesiosis and Bartonella. At one point, Stevens was on more than 40 types of herbs and supplements, which she said relieved her symptoms.

Bertolasi turned to a Lyme-literate doctor who also treats one of her friends with similar symptoms. Besides Lyme, she was also diagnosed with Bartonella. She has completed a 14-month course of antibiotics. Now, besides taking herbal supplements, Bertolasi follows a strict diet excluding alcohol, dairy, gluten and sugar to reduce inflammation in her body.

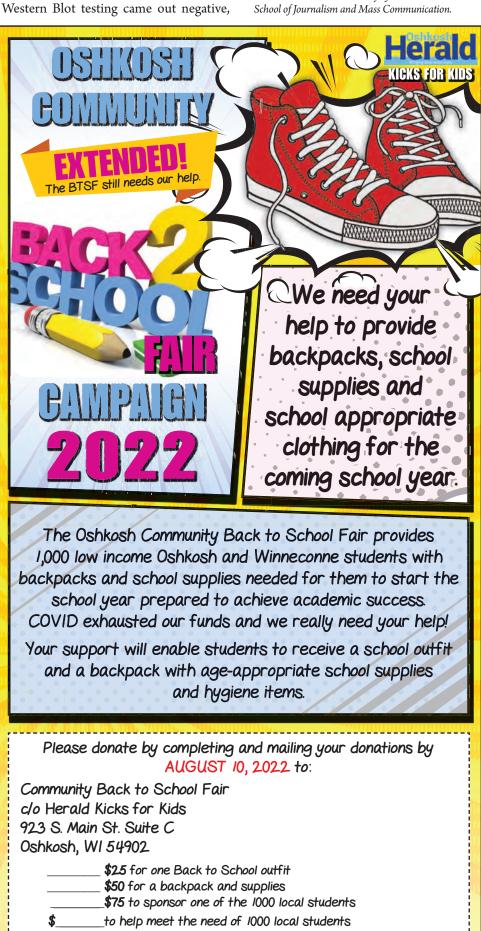
She said she is at least 80% better than about a year ago. Her memory has somewhat returned. Still, brain fog waxes and wanes — as does pain in her joints and lower back.

For Croteau, the CDC-recommended Western Blot testing came out negative.

but she was diagnosed by a Lyme-literate doctor with Bartonella and "questionable" Lyme disease. The doctor prescribed her doxycycline, triggering a severe reaction that Lyme-infected patients sometimes experience during treatment.

When Croteau found herself pregnant, the doctor suggested she take low doses of antibiotics during her pregnancy. She stopped taking them after giving birth to her second child in late October, 2021 and had been symptom free for the following two months. Croteau said her symptoms have returned since January, including fatigue and brain fog, neck stiffness, headache and nausea. She cares for her newborn at home and hasn't started any treatment due to financial constraints.

The nonprofit Wisconsin Watch (www.WisconsinWatch. org) collaborates with WPR, PBS Wisconsin, other news media and the University of Wisconsin-Madison School of Journalism and Mass Communication



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UWO+ programs are 100% online and accelerated, with most courses delivered in a flexible seven-week format. Students enrolled receive increased support and a dedicated advising team.

With rolling admission, students are admitted at the start of every seven-week session, virtually year-round. The first session of classes starts in September.

UWO+ features flexibility for students working full time, whether outside or inside the home.

Courses are delivered through Canvas, where students interact with professors and classmates through online discussion, lectures and the use of a Dropbox to upload assignments. There are no required scheduled meeting times, but there are deadlines and due dates for projects, assignments and discussions.

UWO+ offerings:

- Bachelor's degree program options: communication studies, criminal justice, human services leadership, medical imaging, leadership and organizational development
- Associate of Arts and Science degree
- Certificate programs: web design, professional communications, forensic inves-

Michael Bartlett, assistant vice chancellor for online and continuing education, said UWO+ was designed specifically for students who find themselves "place and time bound" due to working full time and who may have family commitments that don't allow them to physically attend classes on campus.

"The asynchronous delivery allows the students to access their UWO instructor, the learning materials and activities around their busy lives," he said. "The UWO+

classes are seven-week sessions that allow multiple starts for students so that they can move through their program around their schedules with the flexibility to take one or more courses at a time."

Martin Rudd, assistant chancellor for the Fond du Lac and Fox Cities access campuses, said the program is designed to provide a "proven and direct pathway to enhance an individual's educational credentials."

UWO+ features plenty of support. A high-touch success navigator will be assigned as soon as information is requested. There will be access to a no-commitment credit assessment from someone who is eager to hear about education and career goals. UWO+ students will have that support for their entire time at UW Oshkosh.

Eligible credits from previous institutions will be transferred and a student's individual experience will be evaluated on a case-by-case basis. Military credits are eligible for transfer; more information on military benefits is available at the UWO Veteran's Resource Center.

The programs are priced to reduce financial commitment and investment for students, with introduction courses (first two years) at \$220 per credit; and advanced courses (second two years) at \$295 per credit.

A student's investment will depend on how many credits they transfer or test out of, and most students receive financial aid. UWO works with employers who offer tuition reimbursement and the UWO Veteran's Resource Center is available to help determine military benefits.

Students can step in and out as they need and with the seven-week session timeline, they can start or return whenever it works

The UWO+ initiatives assure that UWO is a highly accessible institution that is focused on student success - no matter a student's background or aspirations.

Buehring to play in state Legion all-star game

Oshkosh Legion standout Ben Buehring will participate in the 2022 American Legion All-Star game Sunday at American Family Field in Milwaukee.

Buehring, who plans to play baseball at Marian University in the fall, was one of 24 players selected to the Stripes team, which will play against the Stars after the Cincinnati Reds-Milwaukee Brewers

game on Sunday.

All players will be part of an on-field pregame ceremony as well and will attend the Brewers game before taking the field at about 5 p.m.

Buehring is the 42nd Oshkosh Legion player to earn the nod for the all-star game. Charlie Stenson represented Oshkosh at last year's game.

Boys & Girls Club alumni set golf outing

The Boys & Girls Club of Oshkosh Alumni group is holding a golf outing Aug. 14 in honor and memory of club friends at Far Vu Golf Course beginning with registration at 9 a.m.

All funds raised will support club events like the Thanksgiving dinner and Christmas party for Club families, the Youth of the Year dinner, and taking care of Camp

The cost is \$70 per golfer or \$280 per foursome. Included are 18 holes of golf and cart, registration gift, lunch, and opportunity in raffles and prizes. A social hour with a cash bar with follow from 3 to

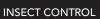
To register, contact Katie Talken at 920-233-1414 x129 or katiet@bgcosh.org.

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Obituaries

Shirley Ann Schiessl

Shirley Ann Schiessl (née Goshorn), beloved matriarch, passed away peacefully



in her home on Saturday, July 16, 2022, on her 82nd birthday.

Shirley was preceded in death by her father Elwyn Goshorn, and her mother Athena Malscheski (née Katham). Shirley

was also very close with Verona Haedt, who Shirley often referred to as a "second mom", who passed away in 2009.

Shirley will be lovingly remembered by her sister Joan Larsen, three children; Lisa (Chris) Juedes, Lori (Paul Straka) Schiessl, and Michael (Luke Gerrits) Schiessl, as well as her two grandchildren, Joshua (Jenna) Hiland and Jennifer (Guy Panske) Hiland. She is further survived by 6 great-grandchildren, Alayna Kroll, Elora Hiland, Roman Hiland, Henrik Hiland, Moiraine Hiland, and Credence Panske.

She is also survived by close friends: Barb Anklam, Pat Hlavacek, Joyce Holmes, Cookie Schneider, Ellen Sheets and many others. A special mention for Luke Gerrits, who was so kind and helpful to Shirley during the last months of her

Shirley started as a nurse's aide at Parkview Health Center in 1968. Many loved lifelong friends were made during her career there. In 1998, she graduated from FVTC with an associate degree in nursing, with high honors, and worked her remaining years as an RN. She retired on her birthday in 2002.

Shirley most enjoyed spending time with family and friends. She enjoyed cooking and was usually the one to plan holiday festivities. She was an avid reader, and often swapped books with friends. She enjoyed traveling after retirement and spoke especially fondly of her trip to Alaska. In later years, she enjoyed weekly outings to the movie theater with friends.

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Shirley was a kind soul who will be sorely missed.

An honorable mention would like to be made to the wonderful staff at Heartland Hospice, for the excellent care Shirley received at the end of her life. A celebration of life is scheduled for September 28th at South Park in Oshkosh, Shelter #1, from noon-8pm. In lieu of flowers, the family would like donations to be made to the Oshkosh Area Humane Society in Shirley's name.

KONRAD-BEHLMAN

Charles W. Carlson

Charles "Chuck" W. Carlson, age 87, passed away peacefully surrounded by fam-



ily on Saturday, July 30, 2022, at Eden Meadows in Oshkosh. He was born on June 29, 1935, in Oshkosh to the late Theodore and Kathryn (Knobloch) Carlson. Chuck grew up on the family farm and took pride in all he

knew and accomplished on the farm.

Chuck attended and graduated from Oshkosh High School in 1953, when he then went on to serve in the United States Navy from 1953-1965. Chuck was united in marriage to Sharon Zelhofer on August 15th, 1975. Chuck and Sharon enjoyed 43 years together vacationing up to Phillips, WI and spending their days on Long Lake. Over the years they spent many lunch dates at Wendt's on the Lake with several close friends.

Chuck worked at Pepsi for 22 years, while also being a dedicated member of the Town of Algoma Volunteer Fire Department. Chuck went on to serve as the Fire Chief from 1993-2002. Additionally, he was an active member of the Winnebago County Fire Investigation Unit, serving in several different roles including president from 1991-2013. Chuck enjoyed coordinating the annual Town of Algoma parades and pancake breakfasts for years and always looked forward to seeing familiar faces.

Chuck was very knowledgeable and talented in almost every trade. He enjoyed the history of the railroad and traveling to see trains throughout the state. One of his favorite past-times was working on and restoring antique tractors. Chuck looked forward to planting his big garden every year and harvesting it every fall. He was very talented at his unique work could be found throughout the home. Chuck was a master at making sausage with his brother and sons. He also enjoyed hosting pig roasts over the years.

In his later years, Chuck enjoyed keeping up on the railroad news via YouTube and never missing a Badgers, Brewers or Packers game. Chuck always looked forward to seeing his grandchildren and great grandchildren,

Chuck is survived by his children: Russell Carlson, Randall (Sheila) Carlson, Kathi (Paul) Miller; grandchildren: Scot Carlson, Kyle (Sarah Vissers) Carlson, Kaitlyn (Nick) Hazelwood, Kole Carlson, Shelby Carlson, Lexi Carlson, Kristopher (Sarah) Karns, Kimberly (Nick) Ryf; great grandchildren: Shawn and Jackson Carlson, Abram, Brody, Lyllah and Ruby Hazelwood, Myla Carlson, Karolyna and Stella Ryf, Arjen and Ailan Karns; step-grandchildren: Matt and Jason Miller; brother, Bruce (Linda) Carlson; nephew, Billy Joe Carlson; nieces: Holly (Keegan Wilber) Carlson and Heather (Spike) Carpenter; great-nephews: Henry Carpenter, and Mason and Briggs Wilber; great-nieces: Hazel and Charlotte Carpenter; along with many lifelong friends. He was preceded in death by his wife: Sharon Carlson; parents: Theodore and Kathryn Carlson; son, David Carlson; and aunt, Olga Fessenden.

A funeral service for Charles will be held at 2:00 pm on Saturday, August 6, 2022, at Konrad-Behlman Funeral Home, 100 Lake Pointe Drive, Oshkosh. Visitation will take place at the funeral home on Saturday from 12:00 pm until the time of service. Full military honors for Charles will take place at Lake View Memorial Park before he is laid

KONRAD-BEHLMAN

Fundraiser set in home crash fatality

Oshkosh Herald

The community is rallying to support a family who lost their young child when a semitrailer crashed into their Town of Vinland home on Green Valley Road north of Oshkosh last week.

Eight-month-old Martin Stechner III was killed July 25 around 6 p.m. when a truck traveling on Interstate 41 veered off the highway, drove through the fence line, crossed the frontage road and crashed into the home of Jasmine Mendoza and Martin Stechner.

The driver was identified as a 63-yearold Little Chute man who sustained minor injuries. Damage to the home was extensive. The cause of the accident is under investigation.

Solutions Recovery has organized a fundraiser for Mendoza, Stechner and their three daughters. All proceeds will support the family. Donations can be made at sri-wi.org under the donate tab or by mail to Solutions Recovery, Attn: Mendoza/Stechner Fund, 621 Evans Street, Oshkosh, WI, 54901.

The family released a statement through their attorney asking for privacy during

Rec Department, North sets girls basketball camp

The Oshkosh Recreation Department in collaboration with Oshkosh North Girls Hoops, is offering a new basketball camp for girls in grades 5-8 who want to focus on skills such as shooting, finishing, ball handling and passing, in preparation for the basketball season.

Practices will take place Saturday mornings, Sept. 10 through Oct. 29, primarily at Oaklawn Elementary School. Registration information is at oshkoshrecdept.

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who would always put a smile on his face.

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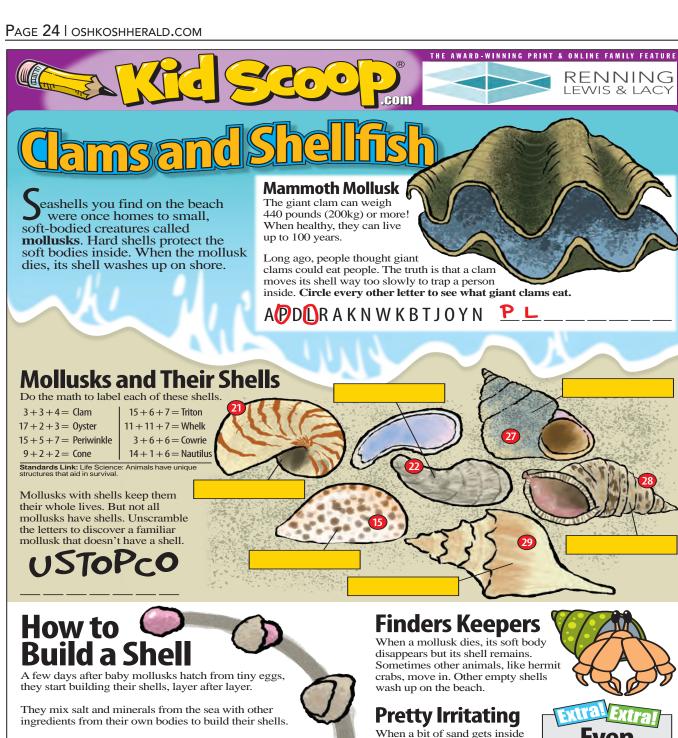
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August 3, 2022



When a mollusk grows, it needs a bigger shell. That's no problem! A mollusk adds to its shell every day.

Scientists can tell the age of a mollusk by counting a shell's rings!



an oyster shell, it scratches and bothers the oyster. To protect itself, the oyster covers the sand with the minerals it uses to make its shell. Over time, it forms something that humans use for jewelery. Unscramble the letters to find out what it is.

LEPRA

Look through the newspaper and circle all even numbers in red. Circle the odd numbers in blue. Make a graph to show how many of each you found.

Standards Link: Math: Identify even and odd numbers.

COOP Puzzler How many clam shells can you find? Have a friend try, too. Who found the most?

Double nouble Word Search

PLANKTON MOLLUSK PEARL SHELL CLAM **SHORE BEACH RINGS** LAYER TRAP **GIANT** SEA **OYSTER CONE SAND**

Find the words in the puzzle. How many of them can you find on this page?

KSULLOMVDL LTHSAWNNJA BOREMVAEBN REYALSUYOK I N A S P L H I R T NZTCTMYOCO GYKUHETLRN

Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns

J M P R C L R A E P S G I A N T R V B E

Sommer as the

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Make a comic book

Create an original comic book during the Mark Gruenwald Comic Book Creation Challenge. Entry deadline is Aug. 31 at 6 p.m. Visit gcbchallenge.com for details and prizes.

What's the Avenger's favorite day of the week? (Answer: It's Thorsday!)

Are you registered for the Summer Reading Challenge?

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How Many Seashell Facts

Read each statement and choose. Then check your answer by doing the math. A true statement will have a math problem that adds up to an even number. If the math problem adds up to an **odd number**, that statement is false.

> 1. Seashells were the first money! A small white shell called a cowrie was once used as money worldwide.

> > ☐ TRUE ☐ FALSE

6 + 10 + 4 =

2. The ancient Greeks used crushed seashells to clean their

☐ TRUE ☐ FALSE

9+9+4=

3. A giant clam can kill people.

☐ TRUE ☐ FALSE

7 + 3 + 9 =

4. A shell's color is determined by the food the animal eats and things in the water where it lives.

☐ TRUE ☐ FALSE

6 + 10 + 4 =

5. Conch shells have been used as trumpets by people for thousands of years.

TRUE FALSE

8 + 8 + 8 =

6. The official name of a shell collector is a "conchologist."

☐ TRUE ☐ FALSE

14+2+2=

7. Clams have no eyes, ears, or noses, so they cannot see, hear, or smell.

☐ TRUE ☐ FALSE

16 + 7 + 3 =

8. The giant clam can live more than 100 years.

☐ TRUE ☐ FALSE

13 + 13 + 2 =

9. Giant clams can snap their shells closed very quickly.

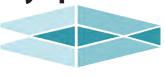
☐ TRUE ☐ FALSE

11+1+1=

Standards Link: Math: Calculate sums and differences up to 30.

While walking on the beach, you find an unusual seashell. Write a paragraph describing it and whether you will keep it or throw it back into the ocean.

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